

HARTMANN



MoliCare<sup>®</sup>  
Protection. Every day.

# Continence Care Range



# Welcome to MoliCare® by HARTMANN

We have been caring for people living with incontinence for over 40 years, and understand that every individual is unique, which is why we have such a vast range of continence care products to suit your individual needs.

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## Why is it important to choose the right product?

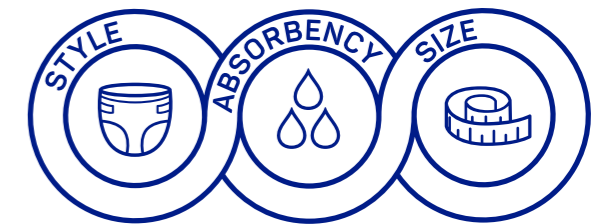
With age, our skin becomes weaker and more fragile. Regular use of continence products can put additional pressure on the skin. A continence product should absorb any moisture, taking it away from the skin to help prevent skin irritation such as Incontinence Associated Dermatitis (IAD).

Choosing the right continence products ensures that skin stays healthy and you stay comfortable. MoliCare® has a wide range of continence products to suit every wearer, advising what to look for, how to size them correctly and help you understand the way they protect and care for the skin.



*It is important to keep the skin as dry as possible – this makes MoliCare®'s unique absorbent core so important.*

## 3 easy steps to select the right product



In order to help you select the right products we have developed the **style, absorbency, size system**.

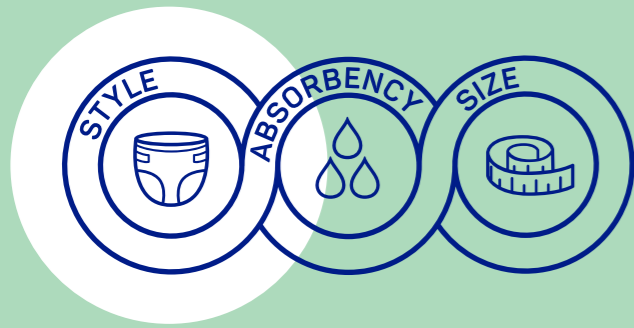
**Styles** to suit different levels of mobility

**Absorbencies** giving the right level of protection

**Sizes** to ensure maximum comfort



Look out for the symbols on our product pages to help guide you.



Choose from various styles to suit different levels of mobility



**ACTIVE**

Most styles suitable.

Selection based on personal preference.



MoliCare® Premium Pads



**ACTIVE**

or with restricted mobility and/or cognition difficulties (e.g. Dementia)

Pull Up recommended.

Looks and feels like normal underwear so less risk of confusion and easy to put on.



MoliCare® Premium Mobile



**RESTRICTED**

Supported mobility or bedbound

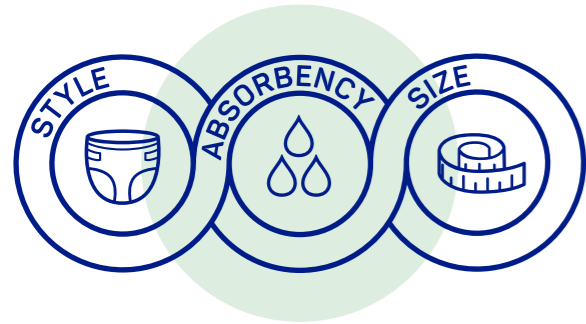
All In One Product recommended.

Easiest option for the carer and very secure.



MoliCare® Premium Elastic



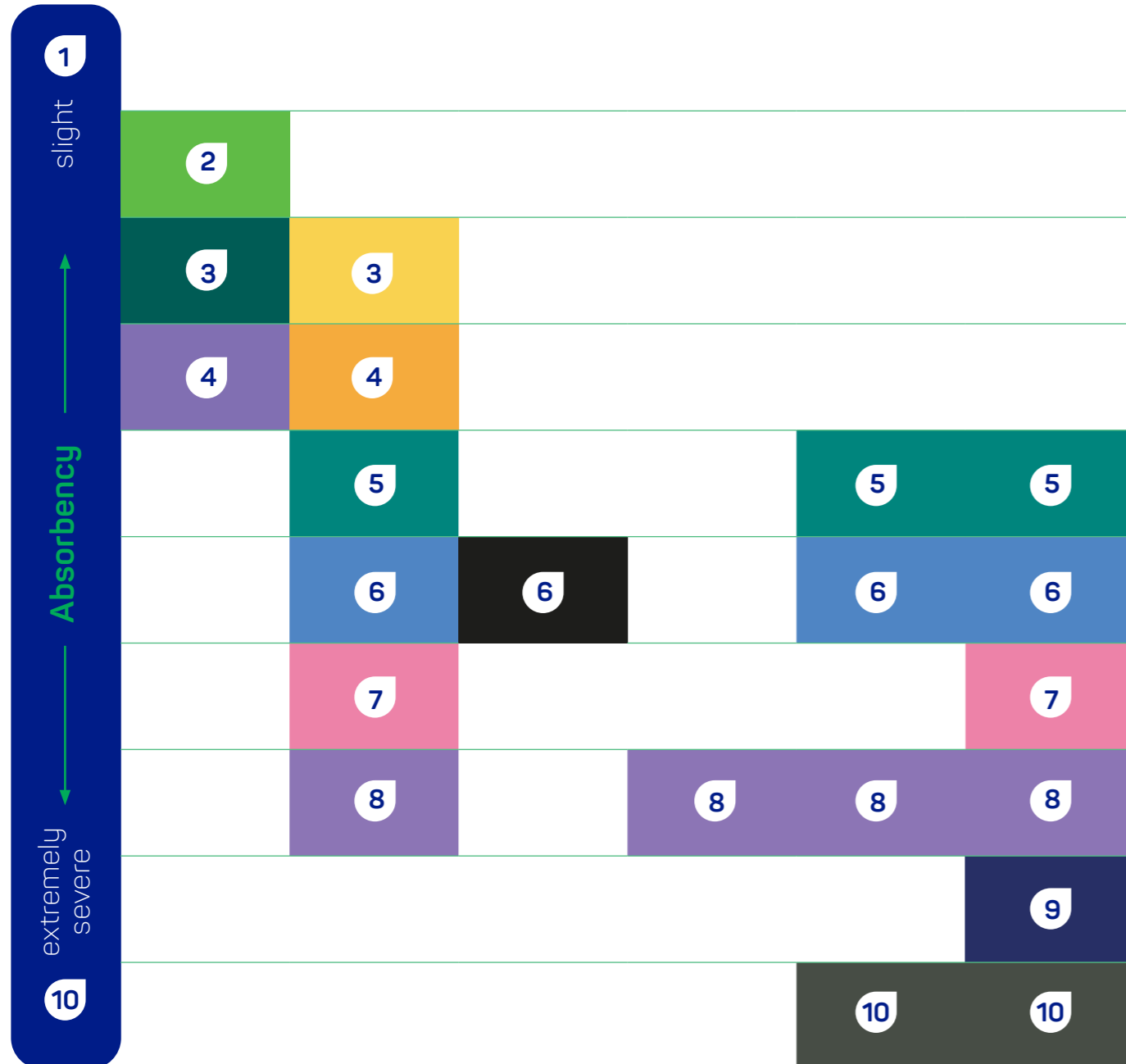
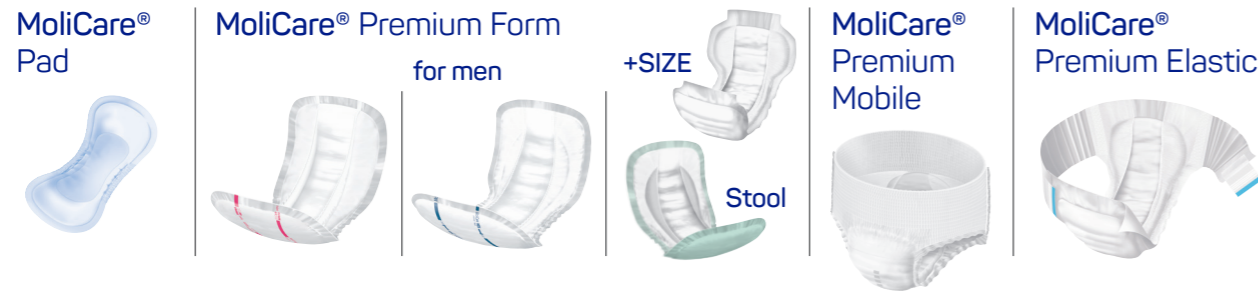


### Giving the right level of protection

Choose an absorbency that suits your level of incontinence and help to keep you dry.

All our products detail a 'Working Capacity', while the products can contain a lot more, the Working Capacity is the point we'd recommend a change of product.

## MoliCare® core product range



1 ↔ 10

Look for the drop rating on our packs  
More drops = Higher absorbency

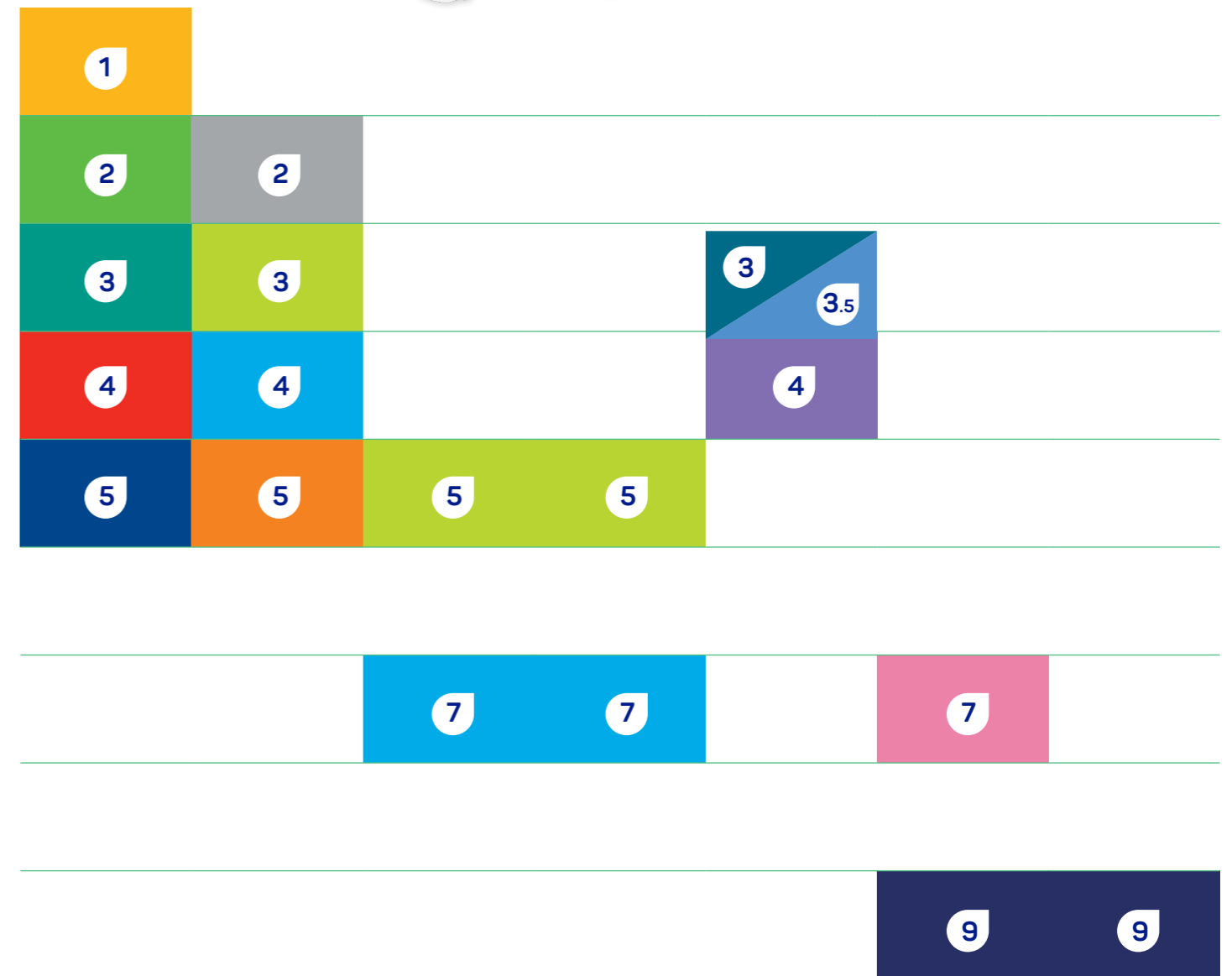
Our packs are also colour coded for ease in identifying absorbencies.

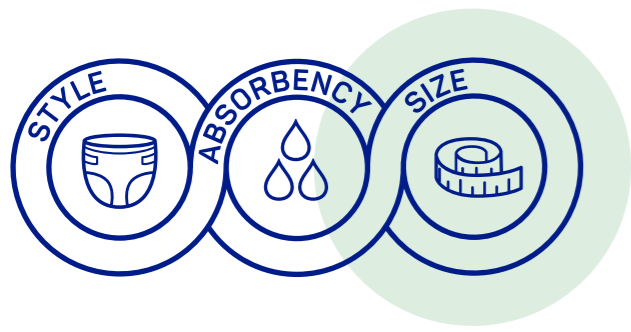


## gender specific products



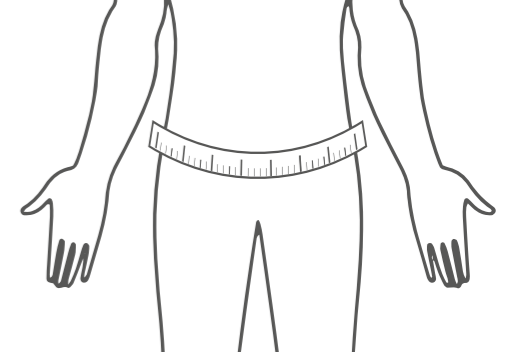
## specialist products





Due to different cuts, shapes and fixation systems, different product categories follow different sizing guides.

For Pants and All-in-one Slips measure waist at the largest width between the waist and hips. Select the product size based on the size guide printed on the product packaging or below.



Product	Size	CM	45	50	55	60	65	70	75	80	85	90	95	100	105	110	115	120	125	130	135	140	145	150	155	160	170	175	180	185	190	195	200	205	210	215	220	225	230	235	240								
		INCH	18	20	22	24	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	74	76	78	80	82	84	86	88	90	92	94								
MoliCare® Premium Mobile	XS					6																																											
	S							5	6	8																																							
	M												5	6	8	10																																	
	L																		5	6	8	10																											
	XL																																																
MoliCare® Premium Elastic	S																																																
	M																																																
	L																																																
	XL																																																
MoliCare® Premium Lady Pants	M																																																
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# MoliCare® Pad

For light to moderate bladder weakness



Small pads



2 - 4

The reliable unisex pad range designed for light to moderate bladder weakness.

2 - 4

Our MoliCare® Pads provide fast absorption and anti-leakage features for maximum security. These pads are worn inside your usual underwear and feature an adhesive strip to keep the pad in place. These pads are slim and discreet and contain odour neutralisers seal in odours tightly.



Absorbency	Code	Working Capacity (ml)	Pack Size	Case Quantity
2	168 100	150	28	12
3	168 101	200	28	6
4	168 102	400	28	6





Large pads



3 - 8

Unisex large pads for urine and faecal incontinence, available in a range of absorbency levels

3 - 8

### Absorbent Core

The new unique absorbent core of the MoliCare® Premium Form absorbs urine up to 64% faster than before. The improved 3-layer absorbent core technology quickly absorbs fluids, leaving the skin feeling dry, which helps to prevent skin irritations.

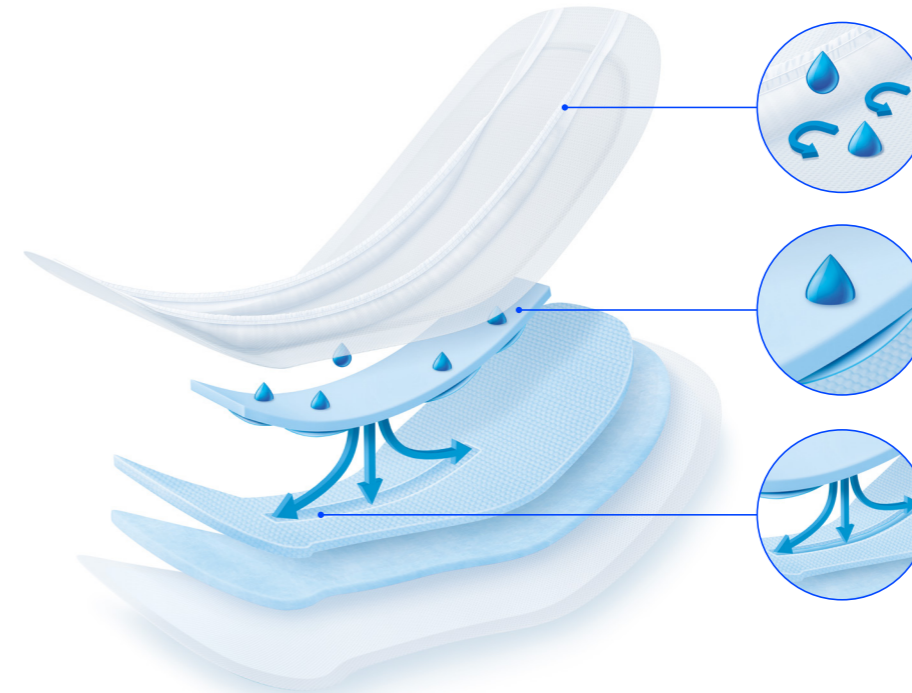
Superabsorbent polymers neutralise unpleasant odours while the new transfer layer contains citrate which balances the pH of the skin.



Wetness indicator shows when it's time to change product



### Unique absorbent core technology:



#### Cuffs

Extra leakage protection for an improved feeling of security

#### Acquisition distribution layer

Barrier function for a drier surface, balanced pH

#### Channel

Faster urine absorption, during the second micturition in particular



Absorbency	Code	Working Capacity (ml)	Pack Size	Case Quantity
3	168 403	550	32	4
4	168 404	650	32	4
5	168 405	750	32	4
6	168 406	1050	32	4
7	168 407	1150	32	4
8	168 408	1350	32	4

# MoliCare® Premium Form for Men

Male specific large pad for severe urinary and faecal incontinence

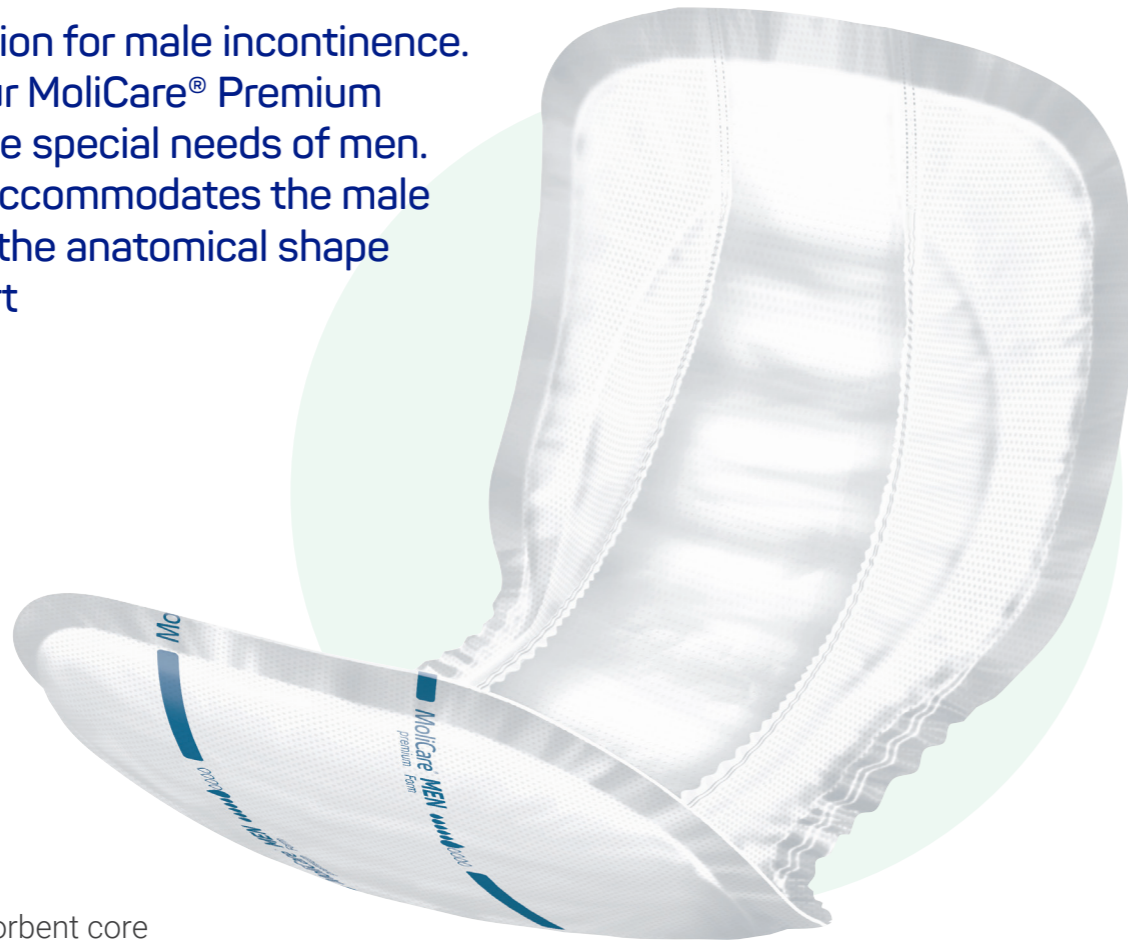


Large pads



6

Tailored protection for male incontinence. We designed our MoliCare® Premium Form MEN to the special needs of men. Its wider front accommodates the male genitalia whilst the anatomical shape ensures comfort



## Absorbent Core

The new unique absorbent core of the MoliCare® Premium Form absorbs urine up to 64% faster than before. The improved 3-layer absorbent core technology quickly absorbs fluids, leaving the skin feeling dry, which helps to prevent skin irritations.

Superabsorbent polymers neutralise unpleasant odours while the new transfer layer contains citrate which balances the pH of the skin.



Absorbency	Code	Working Capacity (ml)	Pack Size	Case Quantity
6	168 401	1150	32	4





# MoliCare® Premium Form special range

Unisex extra large pads for faecal incontinence and bariatric care



Large pads



8

## MoliCare® Premium Form +SIZE

Unisex extra large pads for bariatric care.



Extended width and length  
39% bigger



8



MoliCare® Premium Form +SIZE and MoliCare® Premium Fixpants 5XL have been designed to use together for complete bariatric care (see page 22)

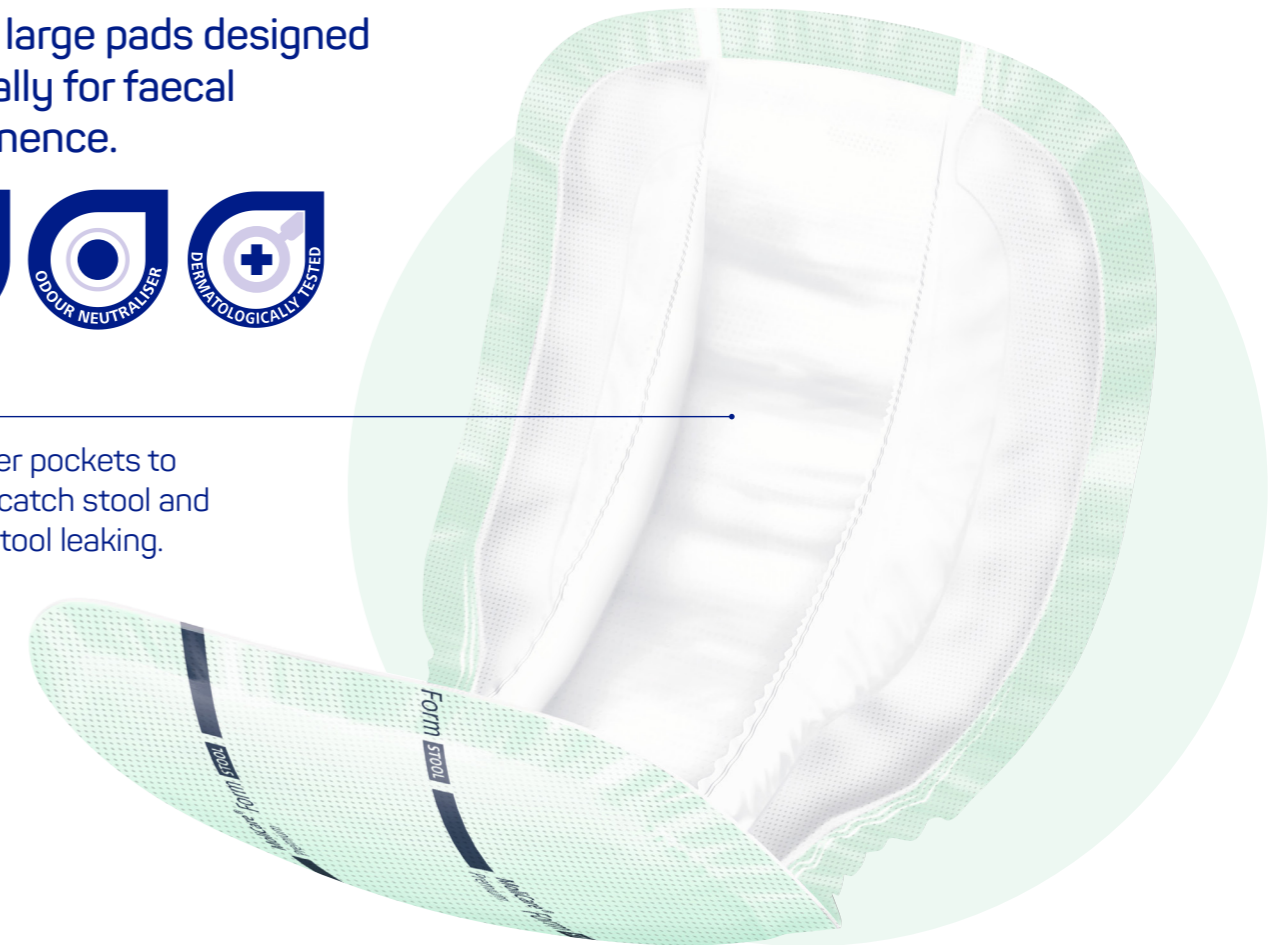
Absorbency	Code	Working Capacity (ml)	Pack Size	Case Quantity
8	168 167	1500	20	4

## MoliCare® Premium Form STOOL

Unisex large pads designed especially for faecal incontinence.



90% larger pockets to securely catch stool and prevent stool leaking.



Recommended for use in tandem with the MoliCare® Skin range to clean and protect. (see page 36)



Code	Working Capacity (ml)	Pack Size	Case Quantity
168 197	600	32	4

# MoliCare® Premium Mobile

For moderate to severe incontinence



Pull up pants



5 6 8 10

XS - XL

Unisex pull-up pants that look and feel like regular underwear with an anatomical design, soft materials and elastics for a comfortable fit and discretion.

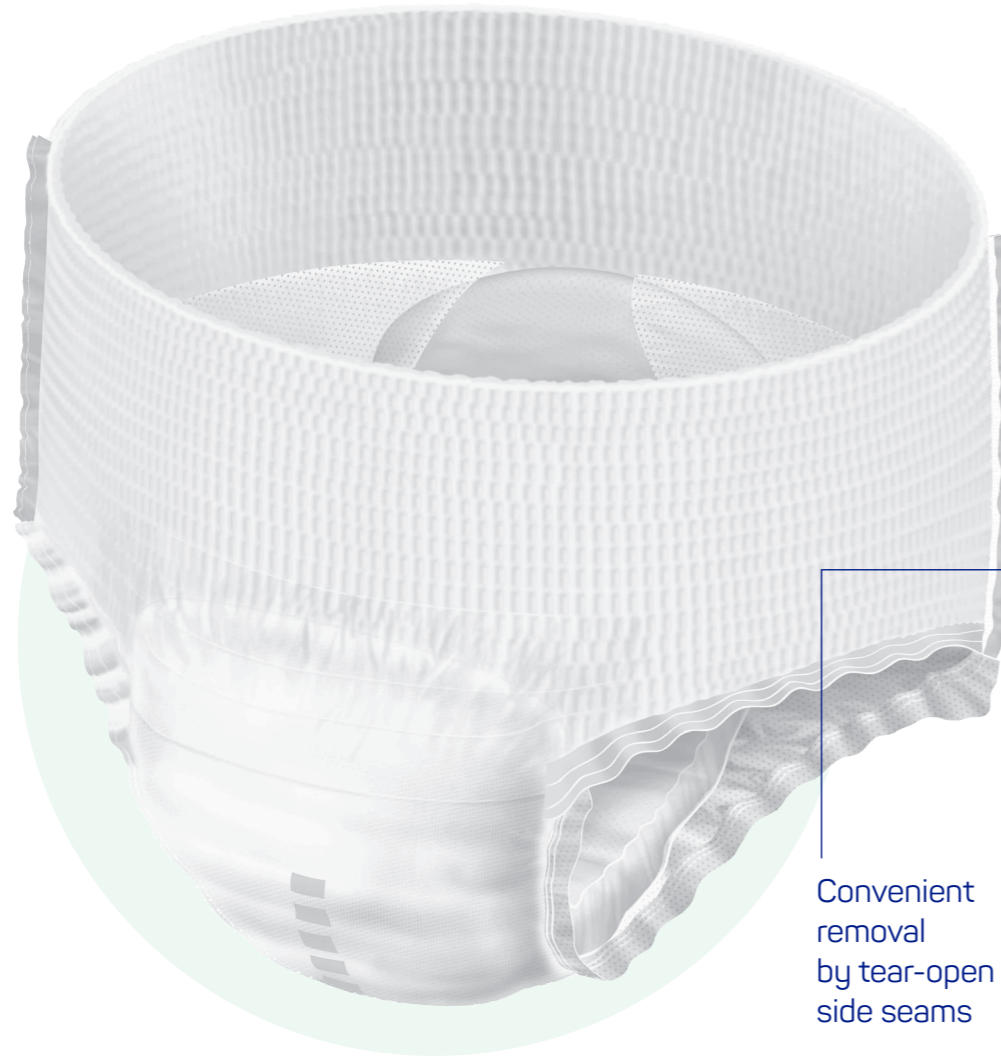
5 - 10

## Underwear feel

MoliCare® Premium Mobile can be easily pulled on and off and worn just like normal underwear. Their ease of use enables active people to continue with their normal life, using the toilet as they would usually with the added protection of a pad should leakages or accidents occur.

## Skin Protection

Skin friendly pH of 5.5 which preserves the skin's natural acid mantle. Three-layer absorbent core absorbs the liquid quickly and directs it safely inward leaving the skin feeling dry.



## Active skin protection

Skin-friendly, pH 5.5 ensures maximum skin compatibility. Keeps skin dry with a 3-layer absorbent core and advanced fast dry effect. Neutralises unpleasant odours, for enhanced well-being.



Absorbency	Code	Size	Waist/Hip Measurement (inches)	Waist/Hip Measurement (cm)	Working Capacity (ml)	Pack Size	Case Quantity
5	915 861	Small	24-35	60-90	500	14	4
	915 862	Medium	31-47	80-120	600	14	3
	915 863	Large	39-59	100-150	700	14	4
	915 855	X Large	51-67	130-170	700	14	4
6	915 840	X Small	18-28	45-70	800	14	4
	915 841	Small	24-35	60-90	900	14	4
	915 842	Medium	31-47	80-120	1000	14	3
	915 843	Large	39-59	100-150	1200	14	4
8	915 844	X Large	51-67	130-170	1300	14	4
	915 881	Small	24-35	60-90	1050	14	4
	915 882	Medium	31-47	80-120	1200	14	3
	915 883	Large	39-59	100-150	1350	14	4
10	915 875	X Large	51-67	130-170	1450	14	4
	915 878	Medium	31-47	80-120	1500	14	3
	915 879	Large	39-59	100-150	1500	14	4
	915 880	X Large	51-67	130-170	1600	14	4

# MoliCare® Premium Elastic

For moderate to very severe incontinence



All-in-one slip



5 - 10

S - XL

The MoliCare® Premium Elastic is a unisex incontinence slip that suits and adapts to all body shapes and movements.

5 - 10

## ElasticFIX

The ElasticFIX System, a unique combination of patented, elasticated side panels and recloseable tapes, allows for easy handling and secure fixation. For maximum safety and security, MoliCare® Premium Elastic offers optimum fit in every position and excellent absorbency capabilities.

## Easy to fit, comfortable to wear

Two side panels and 2 re-closable tapes for easy handling and secure closing results. Approximately 20% faster application as well as easier and more ergonomic handling for caregivers.<sup>[1]</sup>

## SkinGuard® absorbent core technology

Giving an instant-dry feeling and up to 67% faster absorption than before. Provides leakage protection through the absorbent core and cuffs; and instant-dry feeling due to the fast absorbent channel, all helping to prevent skin irritation.



Absorbency	Code	Size	Waist/Hip Measurement (inches)	Working Capacity (ml)	Pack Size	Case Quantity
5	165 171	Small	28-35	70-90	850	30
	165 172	Medium	33-47	85-120	1050	30
	165 173	Large	45-57	115-145	1350	30
6	165 271	Small	28-35	70-90	1000	30
	165 272	Medium	33-47	85-120	1300	30
	165 273	Large	45-57	115-145	1400	30
	165 274	XL	55-69	140-175	1650	14
7	165 371	Small	28-35	70-90	1200	30
	165 372	Medium	33-47	85-120	1450	30
	165 373	Large	45-57	115-145	1650	30
8	165 471	Small	24-35	60-90	1400	26
	165 472	Medium	31-47	80-120	1900	26
	165 473	Large	39-59	100-150	1950	24
	165 474	XL	51-67	130-170	2150	14
9	165 571	Small	28-35	70-90	1550	26
	165 572	Medium	33-47	85-120	2100	26
	165 573	Large	45-57	115-145	2300	24
	165 574	XL	55-69	140-175	2350	14
10	165 671	Small	28-35	70-90	1650	22
	165 672	Medium	33-47	85-120	2150	14
	165 673	Large	45-57	115-145	2450	14
	165 674	XL	55-59	140-175	2650	14



[1] The reduction from 4 to 2 tapes (one for each side) combined with no side panels in the front, simplifies the application, by reducing the application steps from 8 to 4 compared to a traditional slip with 4 side panels and 4 tapes. Additionally, due to the elasticated side panels, there is no need of readjusting the tapes.

# MoliCare® Premium Fixpants

For fixation of continence pads



Fixation pants



S-5XL

## MoliCare® Premium Fixpants Long Leg

Unisex fixation pants to ensure a safe and hygienic fixation of large incontinence pads.

### Secure fixation

Ensure a safe and hygienic fixation of anatomically shaped large incontinence pads



**+** MoliCare® Premium Fixpants 5XL have been designed to use together with MoliCare® Premium Form +SIZE and for complete bariatric care (see page 16)



Colour	Code	Size	Waist/Hip Measurement		Dress Size	Pack Size	Case Quantity
			(inches)	(cm)			
Yellow	947 795	Small	16-32	45-80	8	5	60
Blue	947 796	Medium	24-40	60-100	10-12	5	40
Brown	947 797	Large	32-48	80-120	14-16	5	40
Green	947 798	X Large	40-64	100-160	18-20	5	40
Grey	947 799	XX Large	56-72	140-180	20-24	5	40
Orange	947 815	XXX Large	63-79	160-200	26-28	5	40
Purple	947 830	5X Large	79-94	200-240	28+	5	25



# MoliCare® Premium Lady Pads



Small pads for bladder weakness



Anatomically shaped pads, designed for very light to moderate bladder weakness, providing secure protection while maintaining healthy skin.



## Active skin protection

Skin-friendly, pH 5.5 ensures maximum skin compatibility and preserves the skin's natural acid mantle. Keeps skin dry with a 3-layer absorbent core and advanced fast dry effect.



MoliCare® Premium Lady Pad 2-5 drop

MoliCare® Premium Lady Pad 1 drop



Absorbency	Code	Working Capacity (ml)	Pack Size	Case Quantity
1	168 132	100	14	12
2	168 636	150	14	18
3	168 646	250	14	12
4	168 684	350	14	12
5	168 670	450	14	12

# MoliCare® Premium MEN Pads



For light to moderate incontinence



Specifically designed for men with an active lifestyle and very light to moderate bladder weakness.



## Active skin protection

Skin-friendly, pH 5.5 ensures maximum skin compatibility and preserves the skin's natural acid mantle. Keeps skin dry with a 3-layer absorbent core and advanced fast dry effect.



Pouch to house male genitalia

MoliCare® Premium MEN Pad 2 drop

MoliCare® Premium MEN Pad 3-5 drop



Absorbency	Code	Working Capacity (ml)	Pack Size	Case Quantity
2	168 600	150	14	12
3	168 603	200	14	8
4	168 707	250	14	12
5	168 801	400	14	12

# MoliCare® Premium Lady Pants

For moderate bladder weakness



Pull up pants



5

7

M-L

Anatomically shaped pants, providing all-round protection and comfort just like regular underwear.

5 - 7

### Underwear feel

Anatomical shape, soft material and elastics for a comfortable fit

### Skin Protection

Skin friendly pH of 5.5 which preserves the skin's natural acid mantle.

Three-layer absorbent core absorbs the liquid quickly and directs it safely inward leaving the skin feeling dry.



Absorbency	Code	Size	Waist/Hip Measurement (inches)	Waist/Hip Measurement (cm)	Working Capacity (ml)	Pack Size	Case Quantity
5	915 867	Medium	31-47	80-120	500	8	8
	915 868	Large	47-59	100-150	500	7	8
7	915 877	Medium	31-47	80-120	800	8	8
	915 870	Large	47-59	100-150	850	7	8



# MoliCare® Premium MEN Pants

For moderate bladder weakness



Pull up pants



5

7

M-L

Anatomically shaped pants, providing all-round protection and comfort just like regular underwear.

5 - 7

### Underwear feel

Anatomical shape, soft material and elastics for a comfortable fit

### Skin Protection

Skin friendly pH of 5.5 which preserves the skin's natural acid mantle.

Three-layer absorbent core absorbs the liquid quickly and directs it safely inward leaving the skin feeling dry.



5



7



Absorbency	Code	Size	Waist/Hip Measurement (inches)	Waist/Hip Measurement (cm)	Working Capacity (ml)	Pack Size	Case Quantity
5	915 817	Medium	31-47	80-120	600	8	4
	915 818	Large	47-59	100-150	600	7	4
7	915 827	Medium	31-47	80-120	850	8	4
	915 828	Large	47-59	100-150	850	7	4



# MoliCare® Rectangular

For bladder and faecal incontinence



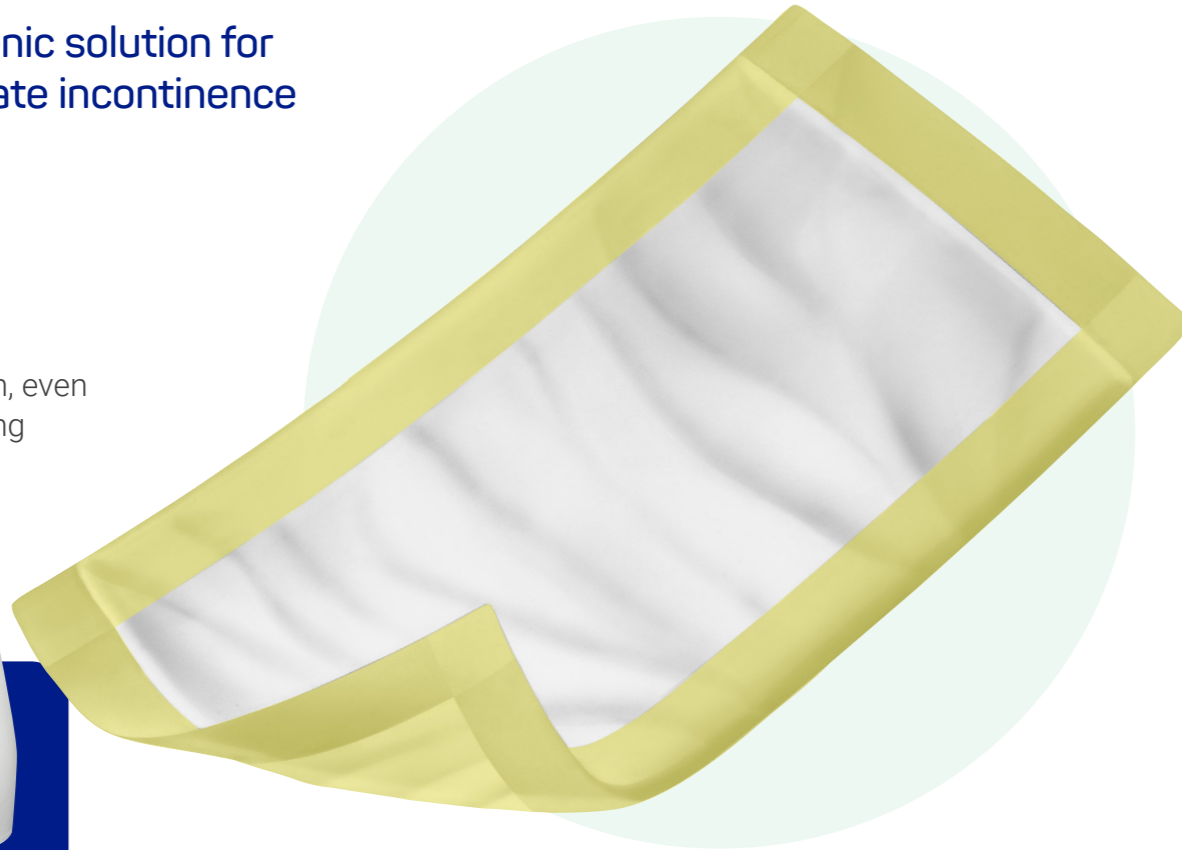

3 - 4

A unisex hygienic solution for light to moderate incontinence

3 - 4

## Extra long

For extra protection, even with faecal smearing

**Secure fixation**  
Designed to be worn with close-fitting underwear or paired with MoliCare® Premium Fixpants (see page 22)

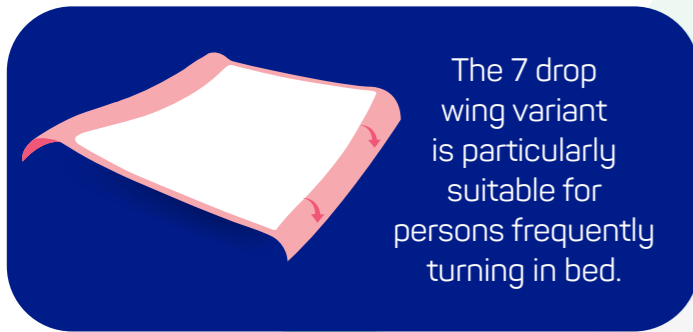


Absorbency	Code	Dimensions	Working Capacity (ml)	Pack Size	Case Quantity
3	160 890	20 x 40cm	150	50	6
3.5	148 530	11 x 35cm	250	56	4
4	160 892	20 x 60cm	250	50	4





Disposable bed mats with an absorbent core made of cellulose fluff providing hygienic care and extra protection.



### Reusable Textile Bed Mats

Reusable textile bed mats with a non-woven cover and absorbent core for soft, effective and economic bed protection.

Soft and breathable upper surface  
Water resistant mattress protector  
Economic and eco-friendly  
Washable up to 250 times



**5** Absorbs liquid and provides extra protection for various surfaces  
**7**



**9** Superabsorbent core safely holds liquid and provides extra protection for various surfaces.



**5**



**7**



**9**



Absorbency	Code	Dimensions	Working Capacity (ml)	Pack Size	Case Quantity
<b>5</b>	161 063	60 x 60cm	250	30	4
	161 065	60 x 90cm	350	30	4
<b>7</b>	161 067	40 x 60cm	200	30	6
	161 068	50 x 60cm	350	25	4
	161 070	60 x 90cm	450	25	4
	161 072	60 x 90cm with wings	400	30	4
	155 012	75 x 85cm washable	700	1	10
	155 010	85 x 90cm washable	800	1	10
<b>9</b>	161 076	60 x 60cm	650	30	2
	161 078	60 x 90cm	950	30	2

# MoliCare® Premium Slip Maxi with waterproof PE backing

For extremely severe incontinence



All-in-one slip



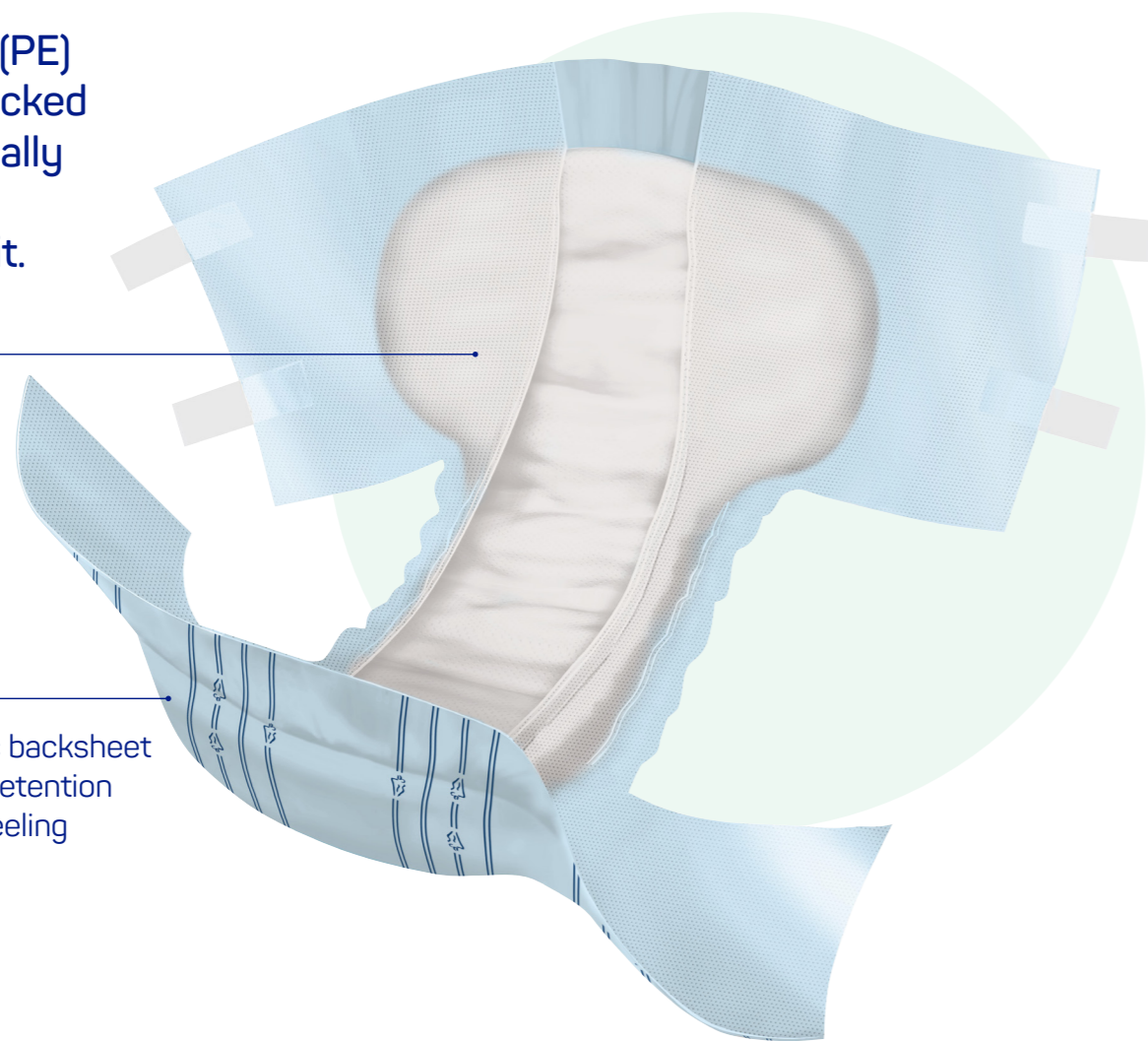
9

S-L

Polyethylene (PE) waterproof backed slip. Anatomically shaped for a comfortable fit.

Extra large absorbent core in front and back

Blue plastic backsheet for secure retention and a dry feeling



9



Absorbency	Code	Size	Waist/Hip Measurement		Working Capacity (ml)	Pack Size	Case Quantity
			(inches)	(cm)			
9	165 531	Small	22-33	55-85	1300	14	3
	165 532	Medium	30-45	75-115	1900	14	4
	165 533	Large	41-57	105-145	2300	14	4





MoliCare® Skin is a complete cleanse, care and protect solution for compromised and mature skin. The range complements absorbent incontinence pads, pants and slips to prevent skin irritations.



### Cleansing foam

For quick, gentle cleansing of the genital and perineal area, for faecal incontinence. Odour-neutralising with pleasant scent, pH skin-neutral, contains creatine to stimulate the skin's own



### Moist skin care tissues

Convenient and time-saving cleansing for incontinence care, impregnated with cleansing lotion.

Dermatologically tested, suitable for sensitive skin. Free of allergens. pH skin-neutral, mild, alcohol-free formula.



### Impregnated wash gloves

Nourishing and moisturising with Aloe Vera and panthenol. Quick and gentle all-over body cleansing for those confined to bed. Dermatologically tested for skin tolerance, pH skin neutral, alcohol free. Can be used either warmed or cooled conveniently. For clean and soft hair without needing a bath or a shower.



### 3 in 1 wet wipes

Impregnated tissues with lotion to cleanse, protect and moisturise the skin. With Chamomile extract, Alcohol-free formula. Contains Aloe Vera and Glycerin which helps to keep the skin moisturised.



### Rinse free shower cap

A cap impregnated with shampoo and conditioner. Washes hair fast, gently and conveniently. For clean and soft hair without needing a bath or a shower.



### Barrier cream

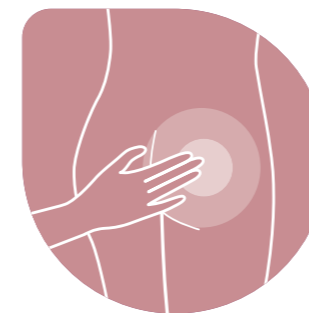
Forms a transparent protective film which does not impair the function of the incontinence pad. With Nutriskin® Protection Complex to enhance the skin's own barrier function. Water-in-oil-in-water emulsion. Zinc oxide free.



### Zinc oxide cream

Formula with 20% zinc oxide for an anti-inflammatory effect. Effective skin protection for incontinence care. With Nutriskin® Protection Complex to enhance the skin's own barrier and regenerative functions.

### PROTECT



Product	Code	Size	Pack Size	Case Quantity
Cleansing Foam	995 016	400ml	1	12
Moist skin care tissues	995 038	20 x 30cm	50	12
Impregnated wash gloves	995 074		8	24
3 in 1 wet wipes	995 096		50	12
Rinse free shower cap	995 077		1	30
Barrier Cream	995 026	200ml	1	12
Zinc Oxide Cream	995 022	200ml	1	12

## Looking after your skin

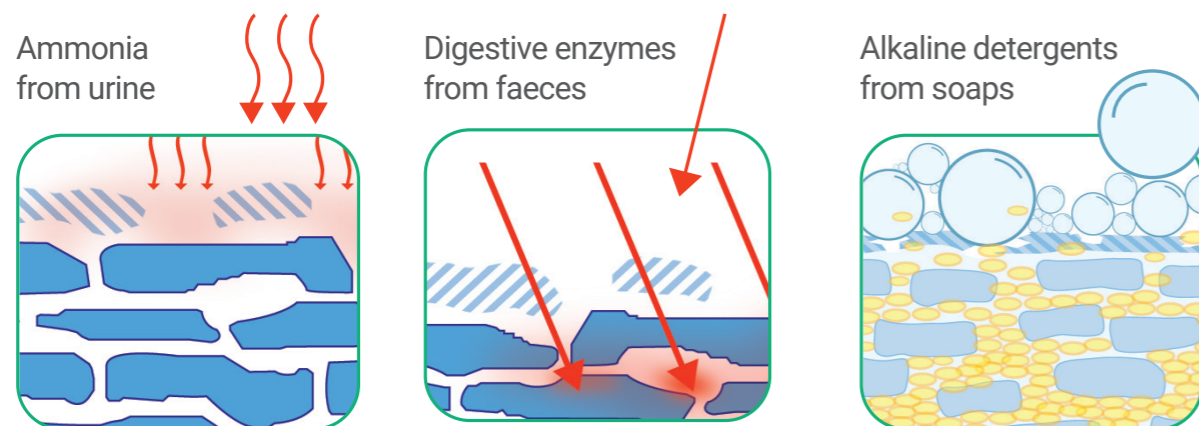
### One of the skin's natural defences is the acid mantle.

The acid mantle is a very fine, slightly acidic film on the surface of the skin acting as a barrier to bacteria, viruses and other bugs that might penetrate the skin. While mature skin may already be weakened by urine, faeces and cleansing products further affect the acid mantle which allows bacteria to get into the skin and cause redness and irritation (dermatitis).

This is called Incontinence Associated Dermatitis, or IAD, one of the most common problems of incontinence. Special care should be used for people with incontinence as IAD brings discomfort, pain and potentially infection.\*

\* Prof Dr Hans Smola, dermatologist, University of Cologne/ Germany and head of Med Science, PAUL HARTMANN AG

### Skin is fragile and can be damaged by urine sat against the skin



### How should you look after your skin?

If you're living with incontinence or bladder weakness, your skin can easily become sensitive and sore so it's important to care for intimate areas properly.

You can help your skin by using an incontinence pad that absorbs fluid quickly and locks it inside an absorbent core.



### Checklist:

- ✓ Make sure your pads or products are fitted correctly to prevent leaks.
- ✓ Choose underwear that is the right size for you and wear pads with close fitting underwear such as a full brief or MoliCare® Premium Fixpants.
- ✓ Always clean your skin and change your product as soon as possible after a bowel leakage.
- ✓ Use a no-rinse cleanser such as MoliCare® Skin Cleansing Foam in between pad changes.
- ✓ Use water-based barrier creams such as MoliCare® Skin Barrier Cream if needed.
- ✓ Look for the Absorbent Core icon when choosing your pads or products.
- ✗ Avoid using soap and water which can dry the skin.
- ✗ Avoid using oil-based creams as these will clog up the pad and stop urine being absorbed into the product.
- ✗ If you use a cream prescribed by your doctor, use sparingly or as directed. Applying too much can often make problems with irritation worse.
- ✗ Avoid using talcum powder as it can become clogged in the folds of the skin causing irritation. It also prevents the pad from absorbing urine effectively and can lead to the skin becoming wet.
- ✗ Avoid rubbing the skin after cleaning, instead, pat the skin dry.

## Getting the best from MoliCare® products

### Best use of products



Store open and unopened packets at room temperature and away from humidity, as moisture will be attracted to the super-absorbent core in the pad.



Remove pads from packaging at least half an hour before use, to allow the cellulose fibres in your product to 'breathe' and 'fluff up' after storage. This will ensure the product will be at its best before use.



Talcum powders and oil based creams can clog the pad. If required use the MoliCare® Skin Barrier cream which is a water-in-oil-in-water emulsion and compatible with the MoliCare® pads.



The correct fitting of products is very important to allow them to work correctly. Please see the relevant fitting guides for details on this or contact us for more information.



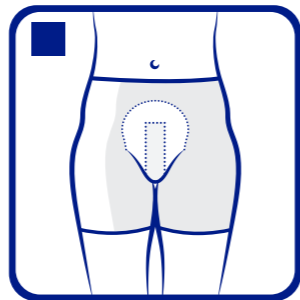
Use a non-rinse cleaner in between pad changes to reduce the risk of Incontinence Associated Dermatitis. MoliCare® Skin cleansers are pH 5.5 skin neutral in order to respect the natural protective barrier of the skin.



Many of the MoliCare® pads include a wetness indicator which is integrated into the backsheet of the products. The wetness indicator will blur or disappear as the product is used and is a guide to when the product needs to be changed.

## Fitting guides small shaped pads

### MoliCare® Pad (unisex) & MoliCare® Premium Lady Pad

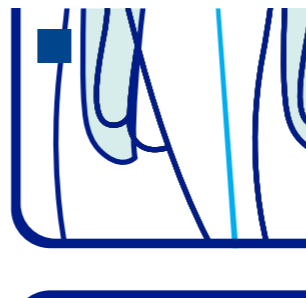
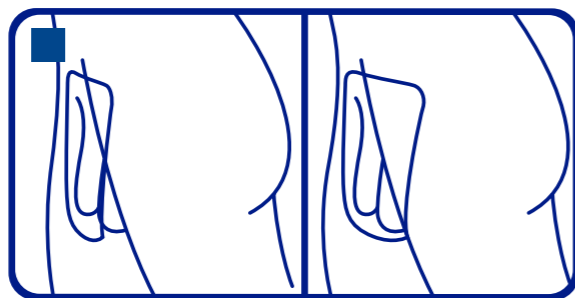


Use pad in conjunction with close fitting underwear.

Remove the paper from the back of the product to reveal the adhesive slip.

Stick the adhesive strip into the underwear to secure in place.

### MoliCare® Premium MEN Pad



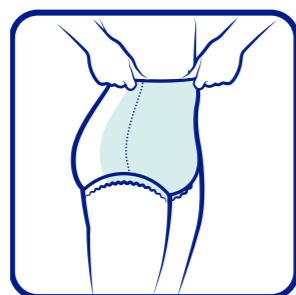
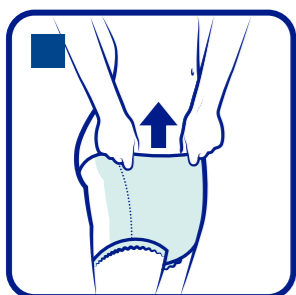
Remove the paper from the back of the product to reveal the adhesive slip.

Designed to be worn within own underwear – the adhesive strip keeps the product

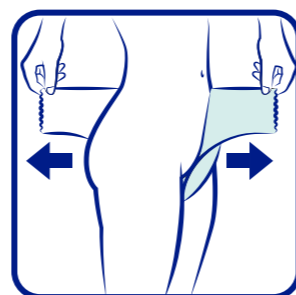
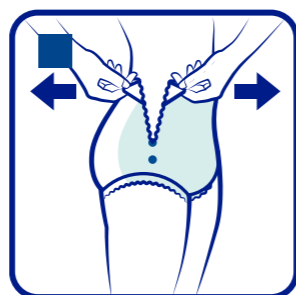
The soft, breathable backsheet ensures maximum comfort.

### MoliCare® Premium pull-up pants

#### Fitting:



#### Removal:

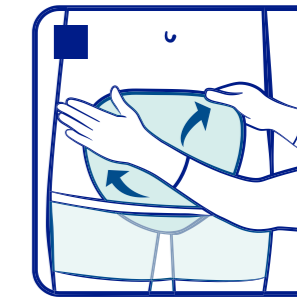
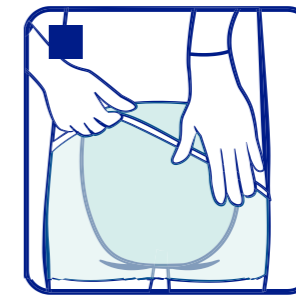
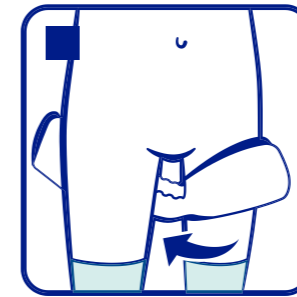


Fit the pull up pant in place of your usual underwear.

Remove by tearing the pull up pant at either side.

## Fitting guides large shaped pads

### MoliCare® Premium Form (standing position)



Choose close-fitting MoliCare® Premium Fixpants.

Remove pads from packaging at least 1/2 hour before usage.

Fold the pad lengthways.

Pull MoliCare® Premium Fixpants as high up between the legs as possible, rolling the waist-band downwards at the same time to form a platform.

Insert between the thighs from the front, with the absorbent and completely white surface next to the skin.

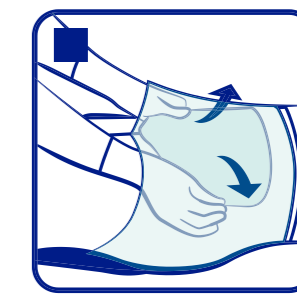
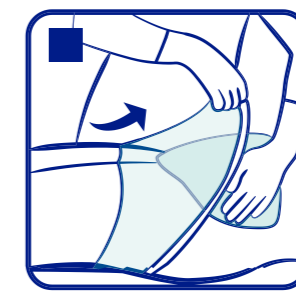
Unfold the MoliCare® Premium Form completely at the rear and ensure that the wetness indicator is in line with the spine.

Pull MoliCare® Premium Fixpants right up and ensure that the pad is completely unfolded at the front.

Check there are no folds in the pad and ensure that the MoliCare® Premium Fixpants and the pad fit snugly.

Ensure the leg openings are comfortably positioned and are not pinching the skin.

### MoliCare® Premium Form (lying position)



Choose close-fitting MoliCare® Premium Fixpants.

Remove pads from packaging at least 1/2 hour before usage.

Fold the pad lengthways.

Turn person on their side if they are in a lying position and pull down one side of the MoliCare® Premium Fixpants as much as possible.

Insert between the thighs from the front, with the absorbent and completely white surface next to the skin.

Unfold the MoliCare® Premium Form completely at the rear and ensure that the wetness indicator is in line with

Pull MoliCare® Premium Fixpants up as much as possible, turn person onto their back and pull the Fixpants over the person's hips after unfolding the front absorbent area.

Check there are no folds in the pad and ensure that the MoliCare® Premium Fixpants and the pad fit snugly.

Ensure the leg openings are comfortably positioned and are not pinching the skin.

## Fitting guides *all-in-one briefs*

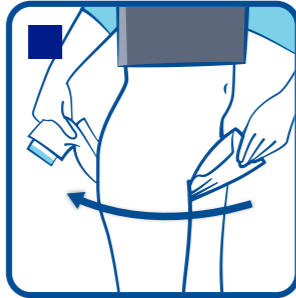
### MoliCare® Premium Elastic Fitting Guide (standing position)



Measure both hips and waist and use the larger of the two.

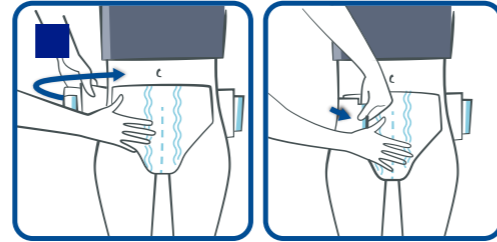
Remove pads from packaging at least 1/2 hour before usage.

Fold the pad lengthways.

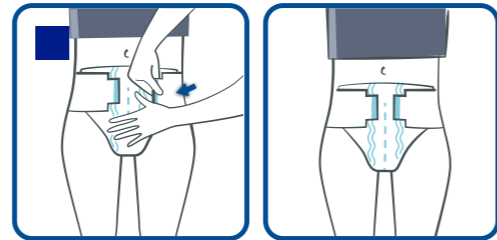


Stand beside the person. Slide the product between the legs from the front to the back.

Ensure that the product is centred in the correct position by aligning the wetness indicator with the spine.



Fold out the 1st side panel and wrap around the person's hip.



Repeat on other side by folding out the 2nd side panel and wrap around the person's hip.

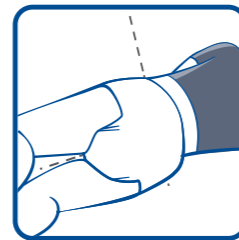
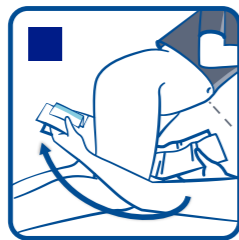
### MoliCare® Premium Elastic Fitting Guide (lying position)



Measure both hips and waist and use the larger of the two.

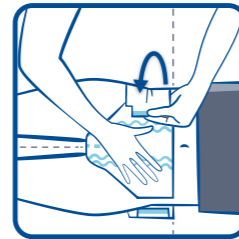
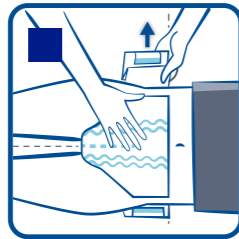
Remove pads from packaging at least 1/2 hour before usage.

Fold the pad lengthways.



Turn the person on their side and slide the product between the legs from the front to the back

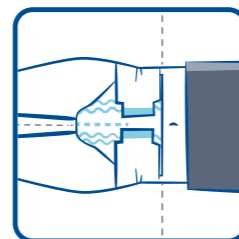
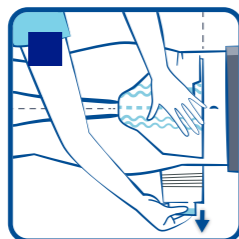
Ensure that the product is centred in the correct position by aligning the wetness indicator with the spine.



Turn the person onto their back.

Fold out the 1st side panel and wrap around the person's hip.

Secure the adhesive tape into position.



Repeat on other side by folding out the 2nd side panel and wrap around the person's hip.

Secure the adhesive tape into position.

## Delivery information

**Standard delivery** is £4.95, but for all orders over £50, delivery is FREE. Products will be delivered within 2-3 working days of ordering.

If you need your products sooner, we offer a **Next Working Day Delivery service** for £5.95. Next Working Day Delivery is available on orders placed before midday for delivery on the following working day.

Please note that our delivery service is not available on Saturdays, Sundays or Bank Holidays.

We use national parcel delivery services to deliver all our products to your door giving you extra peace of mind when it comes to ordering from us.

## Are you VAT exempt?

Sales of continence care products do not need to be accompanied by a VAT Exemption Declaration providing the order is for an individual who is living with chronic continence and not an organisation. The order must be less than 200 disposable pads, 50 washable pads or 10 pairs of waterproof or leakproof underwear.

If you are an individual with a chronic continence condition and wish to place an order which is larger than these amounts, you will pay VAT on your purchase unless you complete a VAT exemption form or declare VAT exemption during the checkout process.

If you wish to apply for VAT exemption please call us on 0800 028 9490 and we can arrange for a form to be sent to you.

The VAT Exemption Declaration form should be returned to us:

By post:  
PAUL HARTMANN Ltd, Heywood Distribution Park,  
Pilsworth Road, Heywood, OL10 2TT.  
by fax: 01706 363211  
or by email: [customer.service@uk.hartmann.info](mailto:customer.service@uk.hartmann.info)

## Returns

If for any reason you change your mind about your purchase, unopened products in new, saleable condition can be returned for a refund for the value of the returned goods. You can return unopened packages by post (we recommend obtaining proof of postage) to the address below. Please note, the cost of postage is the responsibility of the customer, we do not currently offer free returns.

If you would like to return an item, please notify us by email at [customerserviceuk@hartmann.info](mailto:customerserviceuk@hartmann.info) or call us on 0800 028 9470, Monday-Thursday between 8.30am-5.00pm, or Friday between 8.30am-4.30pm before posting your return.

Returns, Paul Hartmann Ltd, Unit P2 Parklands,  
Heywood Distribution Park, Pilsworth Road,  
Heywood, OL10 2TT.

For all returns, please note your order number, name and contact details inside the package. Please note that without the information your refund may be delayed. We ask you use a postage method that has tracking so the package is safe and secure.

You have 14 days from the date of purchase to notify us of the return, and then a further 14 days in which to post the package back to us.

We recommend that customers try a sample of a product (where available) before purchase to ensure its right for them. If you have any questions, please don't hesitate to get in touch.



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CM-0004/24-GB June 2024



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